

Week	Appointments for multiparous women	Appointments for nulliparous women
1		
2		
3		
4		
5	GP visit, routine advice, routine bloods, urine, dating ultrasound	GP visit, routine advice, routine bloods, urine, dating ultrasound scan.
6	scan.	Folic Acid, if not started already
7	Folic Acid, if not started already	
8		
9		
10	Booking with Obstetrician	Booking with Obstetrician
11	Discuss results of tests performed.	Discuss results of tests performed.
12	Discuss first trimester screening ('NT scan', NIPT or 'Harmony Test',	Discuss first trimester screening ('NT scan', NIPT or 'Harmony Test', early
13	early anatomy scan)	anatomy scan)
14	Discuss results of above tests	Discuss results of above tests
15	Discuss and request 18–21-week foetal morphology scan	Discuss and request 18–21-week foetal morphology scan
16		
17		
18		
19		
20		
21	Discuss scan result and request 26-week bloods	Discuss scan result and request 26-week bloods
22		
23		
24		Routine visit
25		
26		
27		
28	Discuss 26-week bloods	Discuss 26-week bloods
29		
30		
31		Routine visit
32		
33		
34	Routine visit; request 36-week blood and swab	Routine visit; request 36-week blood and swab
35		
36	Routine visit	Routine visit
37		
38	Discuss results of 36-week blood and swab	Discuss result of 36-week blood and swab
39		
40		Discuss choice of membrane sweep
41	Discuss prolonged pregnancy, induction, etc.	Discuss prolonged pregnancy, induction, etc.